



General presentation of the STAPS Department to partners

The STAPS Department of the Montpellier 1 University proposes License (3 years) and Masters (2 years) diplomas. The courses are related to the following topics:

- Sport Tourism
- Sport Management
- Physical rehabilitation, handicap, aging
- Physical education
- Physical training, physical and psychological coaching
- Research on human movement
- Sports techniques

The contents of the courses are based on the following scientific disciplines:

- Psychology, integrated neuroscience, biomechanics, social psychology, sociology, anthropology, integrated physiology, exercise physiology.

The sports courses are covering the following:

- Athlétisme, Badminton, Basket-ball, Danse, Musculation, Escalade, Football, Gymnastique, Hand-ball, Judo, Natation, Rugby, Tennis, Triathlon, Cyclisme, Volley-ball, Voile.

Here you can download the courses lists:

<http://staps.edu.umontpellier.fr/formations/>

Courses are organized as follow:

- Students must attend the courses, and do the exams.
- Each semester corresponds to 30 ECTS, a week comprises up to 24 hours of classes
- The License includes 6 semesters : Numbered even (pair) (2, 4, 6) and odd (impair) (1, 3, 5)
- First semester: Starts in the 1st September, ends in January
- Exams: A special winter session is organized for international students the last week in December. The spring session occurs in April-May, and the second session in June.
- Second semester : Starts in January, ends in May

ALL OUR COURSES ARE IN FRENCH LANGUAGE

SPORT ACTIVITIES

The faculty cannot assure students to get some free places in the sport activity they chose (some courses are overbooked, others can open only if we get enough students to register).

Moreover, our pedagogical rule is to motivate students to choose some theoretical courses, and not doing only sport. For that reason, we decided to limit the number of sport activities.

Students can choose either:

- One "Sport specialty*" and two "Sport Activities" (AC)
or
 - Two "Sport Activities".
- * "Sport Specialty": The student has a good level in the practice (6 years at least), contrary the the "Sport Activity" where the student may be beginner

If students want to follow just one AC, they can follow the block (see our programs):

- 36.4 (36.4 A and 36.4 B. They are not obliged to do the "stage")
- 45.2 (they have to follow the 45.2 A, 45.2 B, 45.2 C, 45.2 D)
- 67.4 (they have to follow the 67.4 A and B)

Students' learning agreement must contain **at least 50% of theoretical courses**

COURSES CHOICE:

- Students have to choose a Block of units (for ex, in our program: the course 55.1 is divided in 55.1 A, 55.1 B and 55.1 C. The student cannot take only 55.1 A ! He must choose the 3 units.

- Internship are not compulsory. If a student choice a course which includes a unit with an internship, he may not do it, and the ECTS are not recorded.

- Students can follow courses in other faculties in Montpellier, but they must choose at least **50% courses in STAPS.**

- Each Unit corresponds an exam. Students must do the exams if he wants to get the ECTS corresponding. Students' transcript of records mentions the ECTS only when the student has obtained the average mark of 10/20.